



Extra Curricular Activities 2019/2020



INTRODUCTORY LETTER FROM THE PRINCIPAL	4
REGISTRATION AND REGULATIONS	5
Regulations	5
CHARGES	8
PICK UP REGULATIONS FOR PRIMARY STUDENTS	9
THE ARTS	10
Art and Crafts Club (Year 2 - 6)	10
Band (Absolute Beginners) (Year 4 - 13)	10
Beginners Woodwind Sectional (Year 4 – 6)	10
Beginners Brass Sectional (Year 4 – 6).....	10
Choir - Primary (Year 3 - 6).....	10
Choir – Secondary (Year 7 - 9)	11
Cooking Club (Year 3 - 5).....	11
Double Entendre Choir (Adults)	11
Dragons Clay (Year 1 - 3).....	11
Film-Making and Video Editing (Year 7 - 9)	11
Guitar Orchestra – Primary (Year 3 - 6).....	11
Guitar Orchestra – Secondary (Year 7 - 13).....	11
Jazz -Junior (Year 7 - 13).....	12
Jazz - Senior (Year 7 – 13).....	12
Patchwork and Quilting (Adults)	12
Performance Strings (Year 7 - 13)	13
Radio Club (Year 5 - 6)	13
Recorder Club (Year 5 - 6)	13
School of Rock (Year 5 - 13).....	13
Sculpting Science (Year 7 - 10).....	13
Senior Vocal Ensemble (Year 10 - 13).....	14
Sewing Club (Year 1 - 2).....	14
Sewing Club (Year 3 - 4).....	14
Story Box (Reception)	14
Story Time and Sing-a long (Reception)	14
String Ensemble - Primary (Year 4 - 13).....	15
Upscaling & Recycling Crafts (Year 3 - 4)	15
Upscaling & Recycling Crafts (Year 5 - 6)	15

Wind Ensemble (Year 5 - 13).....	15
Young Voices Choir (Year 5 - 6).....	15
SPORTS, DANCE AND GAMES	17
Badminton Club (Year 4 - 6).....	17
Basketball Club (Year 4 - 6).....	17
Basketball for Girls Club (Year 7 - 13)	17
Board Games (Year 3 - 6)	17
Board Games (Year 10 - 13).....	17
Chess Club (Year 4 - 9).....	17
Chess Club in French (Year 4 - 9)	17
Cricket (Year 4 - 7)	18
Dance Club – Ballroom (Year 2 - 6).....	18
Dance Club – Latin (Year 2 - 6)	18
Dance Club – Latin & Ballroom (Year 1 - 4)	18
Dance Club – Latin & Ballroom (Year 1 - 6)	19
Dance Club – Latin & Ballroom (Adults).....	19
Dance Club – Theatre (Year 1 - 4)	19
Field Hockey (Year 3 - 6)	19
Football (Year 1 – 2).....	19
Football (Year 3 – 4).....	20
Football (Year 5 – 6).....	20
International Sports Team Club (Year 7 - 8)	20
Introduction to Meditation (Year 7 - 13).....	20
Martial Arts / Self-Defence Club (Year 1 - 4).....	20
Martial Arts / Self-Defence Club (Year 5 - 13, Staff, Parents and Siblings aged 9 and above)...	21
Mérite Jeunesse (Year 9 -13).....	21
Multi Sports (Year 7 - 9).....	21
Music & Movement (Year 2)	21
Rugby (Year 1 - 3).....	21
Rugby (Year 4 - 6).....	22
Rugby (Year 7 - 11).....	22
Scooter Club (Year 1 - 2)	22
Sports Club (Year 4 - 6)	22
Table Tennis (Year 7 - 13)	22

Ultimate Frisbee (Year 5 - 6)	22
Yoga Club (Year 4 - 5)	22
Yoga Club (Year 6 - 7)	23
LANGUAGES AND ACADEMIC	24
Debating Club (Year 10 - 13).....	24
English for Adults – Intermediate / Upper Intermediate (Level B1 - B2) - (Adults)	24
Foreign Language Film & Theatre (Year 9 - 11).....	24
French Club Beginners (Year 1 – 2)	24
French IGCSE Study Support (Year 10 – 11).....	24
Further Maths Club (Year 13)	25
German Club for Beginners (Y1 – Y3)	25
IGCSE Maths (Year 12)	25
Mandarin Club – Beginners (Year 2 - 6)	25
Mandarin Club - Intermediate (Year 2 - 8).....	25
Weekly News (Year 9 – 11).....	25
INDEPENDENT ORGANISATIONS	26
Bible Stories Group	26
First Holy Communion.....	26
Bricks4Kidz.....	26
Drama workshops offered by Dramaworks	27
Telstar – Beavers and Cubs.....	27
ACTIVITIES INFORMATION TABLE (Students)	28
ACTIVITIES INFORMATION TABLE (Adults)	37



Dear Parents,

This brochure sets out in detail the wide variety of clubs and activity programmes St George's International School Luxembourg offers to our students and parents for 2019-2020.

We feel that participating in activities and clubs form an essential part of the physical, social and intellectual development of our students beyond the formal classroom setting, whether that is in an activity or club offered by the School or an activity offered by a local sports or social club. I would strongly encourage all students to take up an instrument, a sporting or social activity or pastime beyond their regular schoolwork.

We do always aim to cater for a range of activities and interests. If your son or daughter has a particular passion or enthusiasm and we currently do not offer it, please do not hesitate to speak with the Clubs Secretary – we are always happy to consider new clubs or activities.

Equally, if you would like to run an activity we currently do not offer, please also contact the Clubs Secretary, and we will be happy to consider it.

I wish all students an enjoyable and productive year in the Clubs and Activities programme.

Dr Barkei
Principal

REGISTRATION AND REGULATIONS

Between Tuesday 23rd July and Sunday 11th August 2019

St George's International School has launched a new club booking system called CHQ. The registration and allocation process in CHQ is automated and allocates clubs according to **preference, not first come, first served**. You may specify up to five preferences per week and the system will randomly pick up to three choices. Confirmation of club spaces will be confirmed by **Wednesday 21st August 2019**.

We hope that this feature will allow parents to be more flexible with their registration time, especially those who are travelling out of the country or may not have a stable internet connection during the school holidays.

You will be able to access CHQ via the parent portal between Tuesday 23rd July and Sunday 11th August 2019 on the tab marked "Extra-Curricular Activities".

Once registration on CHQ has closed, registration for clubs will be accepted using the form available on the parent portal which should be downloaded and emailed to clubs@st-georges.lu. Confirmation of a place (depending on availability) will be emailed as soon as possible, including the date when the student may start attending the activity.

Regulations

1. For reasons of health and safety, each Extra-Curricular activity has an age limit, as well as a maximum number of participants, both of which are non-negotiable.
2. All extra-curricular activities will run from **Wednesday 4th September 2019** to **Saturday 28th June 2020 unless otherwise stated in the notes on page 10 and following**. Extra-Curricular activities will not run the last Friday of December and the last week of the school year, due to the end of year school events. If we have to cancel sessions on the report evenings, we will inform you in the newsletters.



3. New students to St George's can join Extra-Curricular activities at any time, provided there are places available, after receiving confirmation from the Clubs Secretary.
4. Students may sign up for a maximum of three clubs per week, in order to allow every student to participate in at least one activity.
5. For Primary students who sign up for Extra-Curricular activities running at 16:30, supervision is required between 15:15 – 16:30 by the arrangement of the parent.
6. All students enrolled in free Choir and Music clubs are expected to perform in external and internal school performances. Students who regularly miss performances or rehearsals may lose their place in the club.
7. Care of Instruments used for Clubs: Instruments are the responsibility of the owner or the person who signed the rental agreement. We recommend that all instruments are insured.
8. All instruments and cases must be labelled clearly, with name, class and the St George's International School Luxembourg address and phone number. On lesson days instruments must not be left on the floor of the corridors but either in the classroom or in the instrumental store room (top floor of the Zinnen Building).
9. **School Bus:** Please remember to contact the Reception Desk at reception@st-georges.lu and cancel the student's place on the school bus when s/he starts attending an afternoon extra-curricular activity.
10. In the event of a Primary School activity session being cancelled, we will inform you as soon as possible. Should we need to cancel a club at short notice and you are unable to pick up your child/ren at 3:15pm, we will endeavour to place them in After School Care, although this cannot be guaranteed as demand for After School Care is exceptionally high.
11. For Secondary clubs run outside which are affected by inclement weather, without the possibility to use indoor space, Students may be given the choice to join Secondary Homework Club or leave the site. Billing will not be reviewed on these occasions.



12. **To cancel club attendance**, email clubs@st-georges.lu **and** inform the respective Club Supervisor at least **two** weeks before the end of each term.

CHARGES

- Charges for each club are stated in the Activities Information tables on pages 28 – 37, and are billed by term, in November 2019, February 2020 and July 2020.
- Students who join after the activity has begun are billed for the full term.
- Any Primary student not collected on time after a club activity will be taken to the Reception area. Please note that a **late pick up charge of EUR 50** may be billed to you if you collect a student late without extenuating circumstances. Students may also have their place in clubs withdrawn as a result of repeated tardiness.
- We do not accept cancellations mid-term, except for those with extenuating circumstances and **all clubs will be billed for the full term**, whether or not your child/ren continue to attend.

*Please note: We keep the cost of extra-curricular activities to a minimum to allow for the occasional cancellation because of staff absence due to illness, training, school trip etc. We always try to cover any absence but this is not always possible. Therefore, should **one** or **two** sessions be cancelled per term, please note that there is no reduction in cost.*



PICK UP REGULATIONS FOR PRIMARY STUDENTS

Parents / Carers will be allocated up to three authorised access cards to enable the student to be picked up.

Using your access card please enter the school via the Reception Desk area and meet your student(s) in the main playground area.

Once you have collected your student(s), please leave the site promptly to ensure safe and easy pick up for everyone.

THE ARTS

Art and Crafts Club (Year 2 - 6)

A club focusing on art and crafts, enabling students to express themselves and let their imagination explore colours, design and creativity in a warm and nurturing environment, whilst having fun at the same time.

Band (Absolute Beginners) (Year 4 - 13)

This ensemble is for students who have completed six months of instrumental tuition or by arrangement for students with less experience. The music is mostly unison or simple harmonies. We will learn to perform as part of an ensemble, to watch the conductor and use associated music vocabulary. In addition to the Monday afternoon rehearsal, there will be sectional rehearsals on Tuesdays at lunchtime for Primary Students who play woodwind or brass instruments.

Beginners Woodwind Sectional (Year 4 – 6)

This club is for Primary Woodwind students performing as part of the Beginner Band. Learn how to play as part of an ensemble, follow a conductor, read music and develop your general instrumental skills. Students will perform at the Christmas, Spring and Summer concerts. Participation is mandatory for students participating in Beginner Band.

Beginners Brass Sectional (Year 4 – 6)

This club is for Primary Brass students performing as part of the Beginner Band. Learn how to play as part of an ensemble, follow a conductor, read music and develop your general instrumental skills. Students will perform at the Christmas, Spring and Summer concerts. Participation is mandatory for students participating in Beginner Band.

Choir - Primary (Year 3 - 6)

The St George's Primary Choir represents the school publically in performances throughout the year. Our performances at charity events help to instil the caring St George's ethos. In our weekly voice training activities, we show dedication to achieving excellent singing. We challenge our students to perform from memory in two and three parts, in a range of languages.

Choir – Secondary (Year 7 - 9)

Join the Singing Teacher and her talented choir. Covering all styles of music to performance standard. This inclusive group includes professional vocal coaching and guidance. A warm, welcoming, friendly and supportive class. A mini audition is required to join this club. Opportunities to perform in public.

Cooking Club (Year 3 - 5)

Students will have great fun mastering their cookery skills such as mixing, whisking, kneading, grating, chopping, rolling, weighing and measuring to produce delicious creations!

Double Entendre Choir (Adults)

Come and join our Adult Choir for evenings of fun and singing. For registration please contact clubs@st-georges.lu.

Dragons Clay (Year 1 - 3)

Dragons Clay this year will be working on designing new clay projects, learning about new clay methods and creating beautiful work for both home and the annual art exhibition.

Film-Making and Video Editing (Year 7 - 9)

This is an opportunity for Key Stage 3 students to work on film or video projects of their own choice, and learn how to creatively use the power of Final Cut Pro X editing software on Apple Mac computers. No previous filming or editing experience is required or expected – you will learn how to plan and organise shoots, to use cameras and tripods, and editing software (including sound and music).

Guitar Orchestra – Primary (Year 3 - 6)

This club introduces young guitar players into ensemble playing and first performances. The pieces that are taught will be selected according to age group. Guitar players that are not in lessons with Mr. Schier will need to audition.

Guitar Orchestra – Secondary (Year 7 - 13)

This club focusses on advanced players in secondary school. The pieces are chosen a bit more ambitiously and the idea is to be able to join possible festivals and competitions as much as

performing on a higher level on various occasions. Guitar players that are not in lessons with Mr. Schier will need to audition.

Jazz -Junior (Year 7 - 13)

This intermediate group is a chance to explore jazz performance, and serves as a feeder group for the Advanced Jazz Ensemble. Learn to play solo, accompany, read chord changes and develop your listening and ensemble skills. Participants will need to put in time at home practicing between rehearsals. The focus is on learning pieces from the jazz repertoire for performance at concerts and school events. Additional rehearsals may be programmed prior to performances. If you aren't already part of the ensemble, please be prepared to play/sing an audition piece (jazz or classical).

Jazz - Senior (Year 7 – 13)

This is an advanced group for students who demonstrate instrumental proficiency. Students learn to read jazz heads, improvise and read chord changes. They will need to be willing to put in time on scales, chords/arpeggios, and improvising techniques as well as learning jazz terminology. This ensemble represents St George's at various functions including art exhibits, fundraisers and, last year, at the residence of the British Ambassador to Luxembourg. Students must therefore be willing to put in personal preparation time as well as be willing to attend occasional additional rehearsals when concerts are approaching. This ensemble is open to Secondary students by audition only.

Patchwork and Quilting (Adults)

The course is open for beginners; previous knowledge is not essential.

Basic patchwork and quilting techniques will be covered – both hand and machine sewing, traditional and fast piecing techniques, using templates, rotary cutting, borders and finishing.

The aim of the course is to keep it simple whilst introducing the world of quilting. The course will include making a simple cushion cover followed by a small quilt. After this initial introduction further techniques will be taught to build on skills learnt. For registration please contact clubs@st-georges.lu.

Important Notice Club will not run during the Easter-July 2020 term.

Performance Strings (Year 7 - 13)

For students with three or more years of experience on the violin or cello, Performance Strings follows on from Intermediate Strings, and is aimed at students preferably from Grade 3 and above ABRSM (or equivalent). Students will work together to prepare repertoire and participate in concerts during the year. Participation in our Christmas and Summer Ensembles concerts is mandatory. This club will be run by Ms Chen, a Professional Cellist and Music Teacher, and assisted by Ms Bydder, Primary Music Teacher.

Radio Club (Year 5 - 6)

The Radio Club will enable and give students a voice, allowing them to broadcast what is happening around the school. Students will be able to report on events around the school, conduct interviews, be creative in terms of coming up with shows and delivering them. This will also give the students a chance to celebrate achievements within the school and local community. Allowing students to use their speaking and listening, ICT, research and writing skills to become great radio personalities for the school.

Recorder Club (Year 5 - 6)

Students who have completed the 'Recorder Karate' programme, or who are of equivalent level, are welcome to join the lunchtime club. We will develop our ensemble skills and find opportunities to perform.

School of Rock (Year 5 - 13)

The club intends to create a Student Rock Band that will be able to perform and play various easy Rock Songs. Instruments that are welcome are: Guitar, Electric Guitar, Bass Guitar, Drums and keyboards/Piano as well as singers. Basic knowledge on the instruments is an advantage as there will be no instrumental teaching in the club. In case of doubt refer to the Instrumental Teacher or see Mr. Schier for a quick audition.

Sculpting Science (Year 7 - 10)

Students will use a variety of 3D sculpture and craft techniques to reinforce learning of scientific concepts whilst creating an interesting work of art.

Senior Vocal Ensemble (Year 10 - 13)

Giving students the chance to expand their singing skills in ways not available to vocalists who only perform as soloists. This group will give students the tools to develop their vocal performance and technique. Teaching students how to work as a group to create beautiful music and develop their vocal ability, musical understanding and performance techniques. This ensemble is open to all students in Years 10 – 13, by audition. Some previous experience is beneficial but not compulsory. Bring your passion and drive, practice will do the rest!

Sewing Club (Year 1 - 2)

Sewing Club will provide the students with the knowledge of the different basic stitches. Students will each have a little bag provided which will stay at school with their work inside. Projects will include felt pin cushions, bookmarks and basic embroidery if possible. Students will be able to take the finished item home once completed. Sewing club will hopefully provide a time for the children to relax and calm down after a busy day at school.

Sewing Club (Year 3 - 4)

Same as the above for older students.

Story Box (Reception)

Story Boxes create special opportunities to revisit the storylines themselves of a particular story. They encourage children to discuss key elements such as character, plot and to make decisions about how they create the setting. Children can use the box to story tell the next episode or create another story with a similar setting or characters. Why not get your child to join our club so that they can create their own very story box. For the winter term, we will be creating a story box for *"Where the Wild Things are"* by Maurice Sendak.

Story Time and Sing-a long (Reception)

Reading stories and singing are a wonderful way for our younger students to relax and feel at home in the cosy environment of the library, surrounded by the most wonderful stories. Stories and songs encourage the imagination of everybody and how better than to start from early years. Students can come along and enjoy various stories, sing-along time and from time to time dressing up. A magical time in the magical world of books!

String Ensemble - Primary (Year 4 - 13)

Throughout the school year we work hard on new pieces and learn how to play music with other string players. During the upcoming school year there will be many performance opportunities. Currently String Ensemble has mostly violins and cellos, however more violins, viola, cello and double bass players are always welcome. If you play a string instrument, and you enjoy chamber music, this would be the perfect club for you. Come join us! We play in a friendly environment and would love to have new players.

Upscaling & Recycling Crafts (Year 3 - 4)

In this craft club students will be taught how to create quality upcycled items both for their own use and to give as gifts, using materials which would otherwise be destined for the earth's ever-growing refuse pile.

Upscaling & Recycling Crafts (Year 5 - 6)

Same as the above for older students.

Wind Ensemble (Year 5 - 13)

This group is for students starting at least their third year on their instrument or by arrangement. The music is in parts with challenging harmony and rhythms so excellent music reading skills are required. This year we will perform for Remembrance Day, Christmas, Spring and Summer concerts. During the Summer session, students taking part in the ABRSM exams will have some additional support to help prepare them for the exam. Students should put in time on their own parts and come prepared for rehearsals. Occasional sectional rehearsals will be organised in order to increase the quality of performance.

Young Voices Choir (Year 5 - 6)

Mrs Griffiths and Mrs Morris have signed up to take part in Young Voices again this year. That means you and your friends will be singing with over 5,000-8,000 other children! Being a member of one of the largest choirs in the world means that you get to practice with some of the best professional musicians in the world and get to learn some great skills from a world-famous Conductor and Musical Director. You'll also be able to boogie alongside the amazing Creative Director, who will teach you all your dance moves. The world's best lighting and sound technicians will be making you look like

a star. You will, however, have to work hard to learn your songs and dance moves. We will be attending an optional trip to the Young Voices concert in February 2020 at the London O2 Arena; singing with real pop stars and dancing with the Urban Stride Dance company. As a reference please note the cost charged for the 2019 trip was €250. Further details are available at www.youngvoices.co.uk

SPORTS, DANCE AND GAMES

Badminton Club (Year 4 - 6)

This club will cover aspects of badminton, making it fun and enjoyable for all.

Basketball Club (Year 4 - 6)

Come and experience the fun and excitement of learning and playing Basketball. Fun and energetic club for boys and girls alike.

Basketball for Girls Club (Year 7 - 13)

Experience the creativity and team-building excitement of learning and playing Basketball. A fun and energetic club just for girls. Sessions will develop the fundamentals of basketball as well as looking at some of the modern development of the game.

Board Games (Year 3 - 6)

Relax and unwind after a busy week at the 'Key Stage 2 Board Games Club'. We will play a range of classics and you could even bring in some of your own favourites from home! Over an extended period of time we will also design and make our own versions of popular games or create fantastic new ones from scratch. It is sure to be lots of fun both playing and making!

Board Games (Year 10 - 13)

We are very happy to introduce the Board Games Club. Come along every Monday after school where we will discover exciting new board games, ranging from word games to light strategy. Guaranteed to be a fun way of destressing and starting your week off right!

Chess Club (Year 4 - 9)

Improve your skills or learn from scratch. Professional chess coach, Mr Sorras, tutors students which will result in them participating in the end of year chess cup competition, which has a variety of trophies and medals on offer. Purchase of 'Step by Step' chess manual to be purchased from the Supervisor.

Chess Club in French (Year 4 - 9)

A chess club where the students play in French.

Le jeu d'échecs est surtout un moyen ludique d'entraînement efficace de la mémoire et il peut constituer un moyen de renforcer les notions de structuration de l'espace et du temps. Il permet également un apprentissage de la méthodologie de la pensée.

Cricket (Year 4 - 7)

Provides an engaging and fun introduction to Cricket, whilst teaching children of all abilities the basic skills of Cricket. Participants develop fundamental motor skills which set them up for a lifelong involvement in physical activity, as well as important social skills including teamwork and being a good sport.

Dance Club – Ballroom (Year 2 - 6)

Ballroom dancing is both a sport and an art. This club will help students to achieve their potential, while having fun. The dancing technique, kept to its basic level albeit taught to the highest international standards, is always in combination with self-expression with a view to spark evolution of individual personality. Dancers will learn and practice the Waltz, Tango, Viennese Waltz, Slow Foxtrot and Quickstep. Activities are based on the preparation of various dance shows. The trainer is an active athlete of Dance Sport Federation Luxembourg (DSFL) and represents the Grand Duchy in international competitions.

Dance Club – Latin (Year 2 - 6)

Latin dancing is both a sport and an art. This club will help students to achieve their potential, while having fun. The dancing technique, kept to its basic level albeit taught to the highest international standards, is always in combination with self-expression with a view to spark evolution of individual personality. Dancers will learn and practice the Cha-cha-cha, Rumba, Samba, Jive and Paso Doble. Activities are based on the preparation of various dance shows. The trainer is an active athlete of Dance Sport Federation Luxembourg (DSFL) and represents the Grand Duchy in international competitions.

Dance Club – Latin & Ballroom (Year 1 - 4)

This club will help students to achieve their potential, while having fun. The dancing technique, kept to its basic level albeit taught to the highest international standards, is always in combination with self-expression with a view to spark evolution of individual personality. Dancers will learn and

practice the Waltz, Tango, Viennese Waltz, Slow Foxtrot, Quickstep, Cha-Cha-Cha, Rumba, Samba, Jive, and Paso Doble. Activities are based on the preparation of various dance shows. The trainer is an active athlete of the Dance Sport Federation Luxembourg (DSFL) and represents the Grand Duchy in international competitions.

Dance Club – Latin & Ballroom (Year 1 - 6)

Same as the above including the older students.

Dance Club – Latin & Ballroom (Adults)

Details as above but for the adult participants. For registration please contact clubs@st-georges.lu.

Dance Club – Theatre (Year 1 - 4)

This club is about dancing as a means for playing, and playing as a means for dancing in the form of a dance show. Activities are based on storytelling with exclusive gear, prepared by the Club supervisor specifically for the students. The club will introduce children to Latin, Ballroom and other genres of dancing, improve body co-ordination, increase self-confidence and leadership, and become comfortable with performing in public. Every child will have plenty of opportunities for group work both by leading a team and being part of a team.

Field Hockey (Year 3 - 6)

Come and learn how to play Field Hockey with the Coach. Field Hockey is a team sport of the hockey family. The earliest origins of the game date back to the Middle Ages in England, Scotland, France and the Netherlands. Each team plays with eleven players, including the goalie but will be adapted for school.

Important Notice Due to this club being run outside, sessions may be cancelled at short notice and finish once the weather turns inclement. We will look to restart the club in the Spring.

Football (Year 1 – 2)

This club is a fun way of advancing the students' awareness of football where they will increase their individual skill levels as well as developing an appreciation for teamwork and sportsmanship.

Football (Year 3 – 4)

A club which aims to increase the student's individual skill levels as well as developing an appreciation for the teamwork, sportsmanship and self-discipline required to take fulfilment from what continues to be the world's most popular team sport.

Football (Year 5 – 6)

A club which aims to increase the student's individual skill levels as well as developing an appreciation for the teamwork, sportsmanship and self-discipline required to take fulfilment from what continues to be the world's most popular team sport.

International Sports Team Club (Year 7 - 8)

The International Sports Team Club will provide an excellent opportunity for students to practice their skills in a range of sports in preparation for international sports tournaments that the school will participate in during 2019-20. Already planned is the Secondary COBIS Games in Brussels in March 2020 and a Unified Basketball and Floorball tournament in Austria in May 2020.

Introduction to Meditation (Year 7 - 13)

A highly accessible introduction to the principles and practices of Meditation. As well as providing a broad overview of the historic practice of meditation, each week the club will look at a different approach to meditation; how it looks, how it can be beneficial, and how does it feel to do it? Examples of approaches that will be looked at in the course include: Visualisation Meditation, Moving Meditation, Physical Meditation, Silence Meditation and Mantra Meditation. The purpose of the course is not to promote any particular approach, but rather to provide the student with a pleasant and accessible experience of the practice of meditation, whilst also enhancing their knowledge of its history and current scientific research into its positive effects.

Martial Arts / Self-Defence Club (Year 1 - 4)

There are hundreds of different Martial Arts around the world. Every major civilisation has created their own version. Martial Arts are about self-discipline, body and mind harmony, respect and a sense of belonging. Martial Arts are also a widespread and traditional pedagogical method.

In order to combine fun, sport and learning fundamentals in a safe environment for boys, girls, and adults alike, we have chosen Ju-Jitsu, self-defence and boxing as stepping stones of this Mixed

Martial Arts (MMA) course. Ju-Jitsu is based on projections, locks and chokes. Self-defence is a set of techniques designed to remain safe in case of aggression, by using a defence proportionate to the attack. Boxing is based on punches and kicks to defend and attack.

A martial artist's only true opponent is themselves, and Martial Arts are essentially a mental preparation for a well-balanced life.

Martial Arts / Self-Defence Club (Year 5 - 13, Staff, Parents and Siblings aged 9 and above)

Same as above, for the adults and older students.

Mérite Jeunesse (Year 9 -13)

St George's International School will provide a further update through the Newsletter on Mérite Jeunesse as soon as all arrangements have been finalised.

Multi Sports (Year 7 - 9)

This new sports club aims to advance the personal skills, physical agility and total-body coordination that underpins effective performance in all sports. The club will achieve this multi-dimensional development of each student sporting proficiency by focusing on three ball sports: Basketball, Volleyball and Football. For sports enthusiasts seeking to make a marked personal improvement in their sporting ability and team sport confidence.

Music & Movement (Year 2)

This club is all about the enjoyment and experience of music. The club will include singing, dancing and using percussion instruments. The club will cover a variety of genres and will suit all abilities! Though the focus of the club is not on performing, there may be the opportunity to do some performances within school time throughout the year.

Rugby (Year 1 - 3)

Providing an engaging and fun introduction to Rugby. Sessions are strictly non-contact and focus on motor skill development including running, jumping, throwing and catching. Focusing on the core values of Rugby including respect and team work. Boys and Girls welcome.

Rugby (Year 4 - 6)

Same as above, for the older Students.

Rugby (Year 7 - 11)

Same as above, for the older Students.

Scooter Club (Year 1 - 2)

Come and join our Scooter Club if you are interested in learning all safety and fun aspects of scootering. All students must bring their own scooter and helmet weekly to School (and leave them in the bike shed on a Wednesday morning). Activities starting with safety, stopping and then moving on to manoeuvring around cones and progressing to some very small ramps.

Sports Club (Year 4 - 6)

Join the Sports Club to enjoy various aspects of sports here at school, in a safe and fun environment.

Table Tennis (Year 7 - 13)

This club offers you a safe environment to have fun while playing and improving your table tennis skills.

Ultimate Frisbee (Year 5 - 6)

In this relatively new but fast-growing sport, students not only learn to throw and catch a flying disc with grace: they also learn to handle a Frisbee as part of a game, working as a team to score points in an end zone. In Ultimate Frisbee, good sportsmanship and a fun spirit is just as, if not more, important as counting up points. In fact, as the sport is traditionally played without referees, the responsibility for fair play is entirely placed on the players. Therefore it is a great sport for students who would like to play in a team, but who want to avoid strong competitiveness. No experience is required – we would love to have a range of students of all abilities!

Yoga Club (Year 4 - 5)

Yoga club blends active yoga sequences, energizing music, yoga-inspired games and crafts, mindfulness, and plenty of smiles into each session. We will challenge the student's imagination while developing strength, flexibility, coordination and balance. No two classes are alike as students grow and learn. Classes are age appropriate and no prior yoga experience is required.

Yoga Club (Year 6 - 7)

Same as above, for the older Students

LANGUAGES AND ACADEMIC

Debating Club (Year 10 - 13)

Come along to Debating Club and let off some steam. Discuss the key issues of the day, either locally, nationally or internationally. Join in with considered discussions about topics and issues that you feel strongly about, you set the agenda – not us. Take the opportunity to develop essential skills and to take part in local, national and international debating competitions. Due to the complex nature of some of the topics we debate, this club is only suitable for students in Year 10 and above.

English for Adults – Intermediate / Upper Intermediate (Level B1 - B2) - (Adults)

Develop your skills and confidence in speaking, listening, reading and writing in English. This is a friendly welcoming class. If you are unsure of your level, you are welcome to come and try the class for the first lesson (space permitting). New participants will also need to buy the course book (approximately €30). For registration please contact clubs@st-georges.lu.

Foreign Language Film & Theatre (Year 9 - 11)

Watch, analyse and discuss French and German-speaking films or plays. This club will give students an opportunity to discover foreign films or plays, expand their cultural knowledge and start developing analysis skills for future exams later in Key Stage 5.

French Club Beginners (Year 1 – 2)

This club will be aimed at students who are beginners in French. Between game, pleasure and learning, playful activities are offered to arouse the curiosity, imagination and expression of children. The activities are specifically designed and adapted to the student's ages. The proposed sequences aim to develop the oral and written expression. The club will be provided by the Institut Français du Luxembourg.

French IGCSE Study Support (Year 10 – 11)

This club helps Year 10 and Year 11 students to practice some aspects of the IGCSE exam. We will focus on the speaking part of the exam, in a relaxing atmosphere, encouraging the students to improve their spontaneity as well as on the writing part, helping them to use a wide variety of idioms, vocabulary, structures and appropriate tenses.

Further Maths Club (Year 13)

A club that helps students in A Level Further Maths.

German Club for Beginners (Y1 – Y3)

This club will focus on beginners in German as well as students who would like to refresh their German language skills. During the club students will discover their ambition and love for the language by playing games, joyful learning and having fun together. These activities aim at fostering their language awareness, developing their oral expression skills and expanding their word pool.

IGCSE Maths (Year 12)

This club is intended to support Y12/Y13 students in preparation for their IGCSE Mathematics exam, whether they are new to the British system or are resitting their exam.

Mandarin Club – Beginners (Year 2 - 6)

The students will learn basic, every day vocabulary in categories such as animals, body parts, colours, numbers, shapes and greetings. The lesson will also teach some Chinese culture such as thousand years of history. Knowledge of Mandarin will enrich your understanding of Chinese culture.

Mandarin Club - Intermediate (Year 2 - 8)

This club is **only** for those students who attended last year's Mandarin Club

This club will enable the students, to further develop their knowledge of the Mandarin language. The students will be able to immerse themselves deeper into this rich culture and will be at a more advanced and comprehensive level.

Weekly News (Year 9 – 11)

A weekly discussion and analysis of current issues or news to expand the knowledge of the world we live in, and also understand the impact these issues have or could have. The club is run with a series of interactive activities and debates that will develop critical thinking, news literacy skills and increase curiosity regarding current global issues. All student-friendly content. Areas covered: Global politics, Environment and Climate change, Social issues, Education, Health, Technology and Culture.

INDEPENDENT ORGANISATIONS

Bible Stories Group

At Bible Stories Club the students enjoy listening to and reflecting upon stories that have been pondered over for thousands of years of human civilisation and they begin to apply the philosophy to the quandaries that they face in their own lives. It is a gentle, quiet club and no previous knowledge is required.

The club is independent of the school so to register please email: marinacalnan@internet.lu.

Mrs Calnan can take the students to their respective After School Care Club afterwards if they have a place.

First Holy Communion

First Holy Communion is a joyful and spiritual occasion. Our souls become the bride of Christ. That is why girls wear white and boys wear suits. Relatives are invited. We celebrate. If you would like your child to attend the First Holy Communion classes please contact Marina Calnan (catechist working on behalf of the diocese Luxembourg) at Marinac.fhc@gmail.com.

Classes for First Holy Communion: Wednesdays 3:15 pm-4:30 pm at St George's International School. Venue of First Holy Communion Mass: Hamm Church (date to be decided for a Saturday in May/ June 2020)

Bricks4Kidz

This is a hands-on class where students build machines, buildings, vehicles and other structures out of LEGO® Bricks, using one-of-a-kind model plans designed by Bricks 4 Kidz.

Each class begins with a Teacher-led discussion related to the model of the day.

Students build a new project each week.

While exploring principles of engineering, architecture, physics and more, students will develop problem solving and critical thinking skills.

Once the project is complete, children use the rest of their time to modify their model builds and collaborate with one another.

To register, or for any further information, please see <https://www.bricks4kidz.lu>

Drama workshops offered by Dramaworks

We are proud to offer these classes for students to take the internationally recognised qualifications from the London Academy of Music and Dramatic Art (LAMDA). We are an approved exam center and have an excellent record of results. The classes will provide the students with the skills and confidence to gain a certificate from entry grade to grade 8. We bring an examiner over from London to make the assessments in May and we are the first and only exam center in Luxembourg.

Each class is geared to a different age group or ability. From reading poems out loud for the younger students to performing Shakespeare, our programme offers expert guidance right through to the exam day.

This is an academic and acting qualification which assists in personal development, public speaking, academic prowess, is recognised by higher education and is worth UCAS points at the higher grades of 6/7/8. Classes are both enjoyable and successful. The formula is 'tried and tested' from Dramaworks in the UK and all Teachers are guided and monitored throughout the process. To register, or for any further information, please see www.dramaworksinternational.com

Telstar – Beavers and Cubs

Telstar Scouts is the English speaking scout group in Luxembourg. They hold scouting activities for both girls and boys:

Beavers (6 to 8 years old) – Tuesday and Thursday afternoons

Cubs (8 to 10.5 years old) – Tuesday and Thursday afternoons

If you would like any information on these activities, please contact waitinglist@telstar.lu

ACTIVITES INFORMATION TABLE (Students)

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Art & Crafts	Tuesday	Y2 – Y6	15:15 – 16:30	Mrs Flores		€120
Badminton	Monday	Y4 – Y6	15:15 – 16:30	Miss Chu		€120
Band Absolute Beginners	Monday	Y4 – Y13	15:15 – 16:30	Mrs Ni	Audition	€0
Band Woodwind Sectional, Beginners	Tuesday	Y4 – Y6	11:30 – 12:00	Mr Upton		€0
Band Brass Sectional, Beginners	Tuesday	Y4 – Y6	12:00 – 12:30	Mrs Ni		€0
Basketball	Wednesday	Y4 – Y6	15:15 – 16:30	Mr Wurtz		€120
Basketball for Girls	Friday	Y7 – Y13	15:30 – 17:00	Mr Radovic		€180
Board Games	Monday	Y10 – Y13	15:30 – 16:30	Miss Chernin		€120

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Board Games	Thursday	Y3 – Y6	15:15 – 16:30	Mr East		€120
Chess Beginners / Intermediate	Monday	Y4 – Y9	15:15 – 16:30	Mr Sorras		€120
Chess Beginners / Intermediate	Monday	Y4 – Y9	16:30 – 17:30	Mr Sorras	Supervision of primary students between 15:15 – 16:30 will be responsibility of the parent's	€120
Chess in French Beginners / Intermediate	Wednesday	Y4 – Y9	15:15 – 16:30	Mr Sorras		€120
Chess in French Beginners / Intermediate	Wednesday	Y4 – Y9	16:30 – 17:30	Mr Sorras	Supervision of primary students between 15:15 – 16:30 will be responsibility of the parent's	€120
Choir Primary	Wednesday	Y3 – Y6	15:15 – 16:30	Ms Bydder, Mrs Sackett, Mrs Dishman, Mrs Chiba		€0
Choir Secondary	Wednesday	Y7 – Y9	15:30 – 16:30	Mrs Trono and Mrs Radovic	Audition	€0
Cooking	Wednesday	Y3 – Y5	15:15 – 17:00	Mrs Elliott	Club starts on Wednesday 18 th September 2019	€180

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Cricket	Thursday	Y4 – Y7	15:15 – 16:30	Mr Browne		€120
Dance Ballroom	Thursday	Y2 – Y6	15:15 – 16:30	Mr Filko		€120
Dance Latin	Monday	Y2 – Y6	15:15 – 16:30	Ms Filko		€120
Dance Latin & Ballroom	Wednesday	Y1 – Y4	15:15 – 16:30	Ms Filko		€120
Dance Latin & Ballroom	Monday	Y1 – Y6	16:30 – 17:30	Ms Filko	Supervision of students between 15:15 – 16:30 will be responsibility of the parent'	€120
Dance Latin & Ballroom	Thursday	Y1 – Y6	16:30 – 17:30	Ms Filko	Supervision of students between 15:15 – 16:30 will be responsibility of the parent's	€120
Dance Theatre	Tuesday	Y1 – Y4	15:15 - 16:30	Ms Filko		€120
Dance Theatre	Friday	Y1 – Y4	15:15 – 16:30	Ms Filko		€120
Debating	Tuesday	Y10 – Y13	15:30 – 16:30	Mr Todd and Miss Chernin		€120

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Dragons Clay	Wednesday	Y1 – Y3	15:15 – 16:30	Miss Horan and Miss Tranter		€120
Field Hockey	Monday	Y3 – Y6	15:15 – 16:30	Mr Gomez Acebo	Weather permitting	€120
Field Hockey	Friday	Y3 – Y6	15:15 – 16:30	Mr Gomez Acebo	Weather permitting	€120
Film-making and Video Editing	Tuesday	Y7 – Y9	15:30 – 16:30	Mr Burrowes	Students can use their own equipment or borrow camera kits / SD cards	€120
Football	Monday	Y1 –Y2	15:15 – 16:30	Mr Jadama		€120
Football	Tuesday	Y5 – Y6	15:15 – 17:00	Mr Radovic		€180
Football	Wednesday	Y3 – Y4	16:30 – 17:30	Mr Radovic	Supervision of student between 15:15 – 16:30 will be responsibility of the parent's	€120
Foreign Language Film & Theatre	Tuesday	Y9 –Y11	15:30 – 16:30	Mr Foz		€120

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
French Beginners	Friday	Y1 – Y2	15:15 – 16:30	Mrs Risser – Institut Français du Luxembourg		€120
French IGCSE Study Support	Friday	Y10 – Y11	15:30 – 16:30	Mrs Guth		€120
Further Maths	Monday	Y13	15:30 – 17:00	Mr Brown	By invitation only	€0
German for beginners	Thursday	Y1 – Y3	15:15 – 16:30	Mrs Ottowitz		€120
Guitar Orchestra Primary	Tuesday	Y3 – Y6	15:15 – 16:30	Mr Schier		€120
Guitar Orchestra Secondary	Tuesday	Y7 – Y13	16:30 – 17:30	Mr Schier	Supervision of students between 15:15 – 16:30 will be responsibility of the parent's	€120
IGCSE Maths	Thursday	Y12	15:30 – 16:30	Miss Chernin		€0
International Sports Team	Monday	Y7 – Y8	15:30 – 17:00	Mr G Cooper		€180
Introduction to Meditation	Wednesday	Y7 – Y13	15:30 – 16:30	Mr Radovic		€120
Jazz - Junior	Tuesday	Y7 – Y13	12:35 – 13:25	Mr Upton		€0

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Jazz - Senior	Wednesday	Y7 – Y13	12:35 – 13:25	Mrs Ni and Mr Wiltgen	Audition	€0
Mandarin Beginners	Thursday	Y2 – Y6	15:15 – 16:30	Mrs Poh		€120
Mandarin Intermediate	Friday	Y2 – Y8	15:15 – 16:30	Mrs Poh	Participants to have attended Mandarin Beginners or have knowledge of language	€120
Martial Arts / Self Defence	Saturday	Y1 – Y4	11:30 – 12:30	Mr Bargache		€120
Martial Arts / Self Defence	Saturday	Y5 – Y13	09:30 – 11:30	Mr Bargache	Staff, Parents & Siblings (Aged 9 +)	€240
Multi Sports	Thursday	Y7 – Y9	15:15 – 17:00	Mr Radovic		€180
Music & Movement	Wednesday	Y2	15:15 – 16:30	Miss Wilkes and Mrs Millington-White		€120
Performance Strings	Tuesday	Y7 – Y13	15:30 – 16:30	Mrs Chen		€0
Primary String Ensemble Beginner	Tuesday	Y3 – Y6	11:30 – 12:00	Mrs Chen and Mrs Subashi		€0

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Primary String Ensemble Intermediate	Tuesday	Y3 – Y6	12:00 – 12:30	Mrs Chen and Mrs Subashi		€0
Radio Club	Wednesday	Y5 – Y6	15:15 – 16:30	Mr Austrie		€120
Recorder	Thursday	Y5 – Y6	12:00 – 12:30	Ms Bydder	'Recorder Karate' level required	€60
Rugby	Wednesday	Y1 - Y3	15:15 – 16:30	Mr Browne		€120
Rugby	Tuesday	Y3 – Y6	15:15 – 16:30	Mr Browne		€120
Rugby	Friday	Y7 – Y11	15:30 – 16:30	Mr Browne		€120
Sewing	Tuesday	Y1 – Y2	15:15 – 16:30	Mrs Carroll		€120
Sewing	Thursday	Y3 – Y4	15:15 – 16:30	Mrs Carroll		€120
School of Rock	Wednesday	Y5 – Y11	15:15 – 16:30	Mr Schier		€120
Scooter	Wednesday	Y1 – Y2	15:15 – 16:30	Mr Thomas		€120
Sculpting Science	Thursday	Y7 – Y10	15:30 – 16:30	Mrs Dishman		€120

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Senior Vocal Ensemble	Thursday	Y10 – Y13	15:30 – 17:00	Mrs Trono		€0
Sports	Friday	Y4 – Y6	15:15 – 17:00	Mr Cooper and Miss Chu		€180
Story Box	Thursday	Reception	15:15 – 16:30	Mrs Prentice		€120
Storytime & Sing-a-long	Wednesday	Reception	15:15 – 16:30	Mrs Prentice		€120
Table Tennis	Thursday	Y7 – Y13	15:30 – 16:30	Mr Edgerley		€120
Ultimate Frisbee	Thursday	Y5 – Y6	15:15 – 16:30	Miss Aldinger		€120
Upscaling & Recycling	Monday	Y3 – Y4	15:15 – 16:30	Mrs Horan		€120
Upscaling & Recycling	Friday	Y5 – Y6	15:15 – 16:30	Mrs Horan		€120
Weekly News	Monday	Y9 – Y11	15:30 – 16:30	Mr Foz		€120
Wind Ensemble	Tuesday	Y5 – Y13	15:15 – 17:00	Mrs Ni	Audition	€0

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Yoga	Tuesday	Y6 – Y7	15:15 – 16:30	Ms Biberi		€120
Yoga	Thursday	Y4 – Y5	15:15 – 16:30	Ms Biberi		€120
Young Voices Choir	Wednesday	Y5 – Y6	11:30 -12:00	Mrs Griffiths and Mrs Morris		€60

ACTIVITES INFORMATION TABLE (Adults)

Activity	Day	Year Group	Time	Club Supervisor	Notes	Prices per Term
Dance Latin and Ballroom	Tuesday	Adults	18:45 – 20:15	Ms Filko		€180
English for Adults Intermediate (Level B1 – B2)	Tuesday	Adults	08:50 – 10:20	Mrs Lang	Club will not run Easter-July	€180
Double Entendre Choir	Tuesday	Adults	19:30 – 21:00	Mr Heley		€0
Patchwork and Quilting	Wednesday	Adults	08:30 – 10:30	Mrs Kam-Cheong	Club will not run Easter-July	€240



*Achieving potential
through challenge and care.*

S^t George's International School, Luxembourg A.S.B.L

11, rue des Peupliers
L-2328 Luxembourg
tel: +352 42 32 24
fax: +352 42 32 34
www.st-georges.lu